



Home Birth Aotearoa

Spring Hui 2015

Information for Attendees

Kia ora koutou

Well – not long until we gather together for our Hui in Nelson. Here is some information that you may find useful to read prior to hui, I have tried to cover all topics but if you have any questions please don't hesitate to get in touch.

Details

The hui is being held 30 August 2015 at Riverside Community in Moutere.

Details on event here: <http://www.eventbrite.co.nz/e/home-birth-aotearoa-national-hui-2015-tickets-17038737322?aff=erellivorg>

Details on the venue here: <http://www.riverside.org.nz/venue/>

National Home Birth Hui

Hui are held annually to bring together representatives from regional home birth groups and other home birth interested groups. Attending hui is an opportunity to share issues and to reflect on what we are trying to achieve as a national organisation. Issues are discussed; decisions for the months ahead are made; and knowledge is shared. Participants leave hui inspired and energised by each other.

Kei a wai Ceremony

Following the pōwhiri, a cup of tea, notices and a bit of settling in, the next item on the agenda is the Kei a wai ceremony. Jane Cunningham of Whangarei has written an account of how this vessel came to be, including a description of the origins of the ceremony itself. The version attached was prepared by Trudy Hart from Kati Kati. In an email Jane describes the significance of the water:

"...all attendees bring water from a place that is special to them - it serves the purpose of each of us bringing our home & whanau with us, a part of our turangawaewae and links us to everyone over time over the planet (after all, since the beginning of time, no new water has been created...)"

*** Remember to bring a little water from a place of significance to you**

Hui

- 1. (verb)** (-a) to gather, congregate, assemble, meet. (*Te Kāhano* Textbook (Ed. 2): 122-28;)
- 2. (noun)** gathering, meeting, assembly, seminar, conference. (*Te Kāhano* Textbook (Ed. 2): 122-128;)

Waiata

- 1. (verb)** (-hia,-tia) to sing.
- 2. (noun)** song, chant, psalm.

Kei a wai

- 1. (verb)** (-tia) to ask who you are or speak to you and your origins .
Literal: Where is your water?
- 2. (noun)** oratory, a formal speaking of yourself and your intentions. "We are all water". Ceremony that forms a part of Home Birth Aotearoa Hui

Children & Whānau

This is a family friendly event and we want everyone to feel welcome and to be comfortable. Children attending will have their needs met with their own play space, quiet tactile play objects and dedicated carers to help look after them during our talk times. Our venue is a beautiful location surrounded by gardens and there is a cafe nearby.

Catering / Kai

All daytime meals will be catered. Meals will have a strong emphasis on deep nutrition, wholesomeness (organic where possible) and nourishment of body and self. Dietary needs will be met as noted with registration. (You will need to organise your own tea)

- * We welcome any contributions of seasonal produce from your garden or baking (sugar free or low sugar) from your kitchen.

Sleeping / Noho Marae

If you have organised accommodation with the organisers then there will be space available for you in the Riverside accommodation. All of these spaces are now filled but there is plenty of local accommodation that can be organised independently. For those sleeping on site, mattresses are provided but please bring your own linen, blankets (or sleeping bag or duvet) and perhaps a pillow. If you are a light sleeper then earplugs could be handy. Remember your usual toilet bag & towel too. For accommodation support email homebirthmotueka@gmail.com

Hui Proceedings

A draft hui program is attached – please take a look at this and, if you have the chance, prepare some thoughts from your regional, organisational & personal perspectives to bring along to the discussions. We will be covering our new strategic planning document, report back on trust activities and give regions the space to feed back to us.

Photography

We have a photographer organised for the day. Please let us know if you do not wish to appear in any of the photos that will be made available to the Home Birth community. You are welcome to take your own photos and we would love it if you shared them with us too. Email to editor@homebirth.org.nz

Transport

If you need any help with (or can help with) transport - please let us know. We will contact those who have already indicated they would like transport to/from the airport.

Nga mihi nui - The Trustees

Contacts

Sharon: 03 755 6095/021 0231 5665
Sian: 034531051/021560117
HBA:Admin@homebirth.org.nz
Local: homebirthmotueka@gmail.com

Attached are:

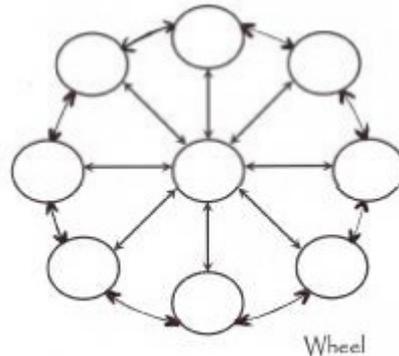
- Proposed Program & Agenda for hui
- An account of the Kei a wai ceremony

Remember to bring:

- * a little water, from a place of significance to you, for the Kei a wai ceremony
- * a small contribution for koha
- * your own linen etc if staying at riverside
- * kai contributions from garden or kitchen
- * thoughts from your region to contribute to the discussions

Important information for regional representatives

National Hui is a great time for the Home Birth Aotearoa community to get together from all the country and an opportunity to give and gain support. As such please be prepared to share. This is an excellent way to support each other and share our resources of wisdom, experience and inspiration.



Wheel of support – how our structure enables us to support each other

When you come to hui we want you to bring.....

Something that can add to our collective inspiration!

- What is a win you are having in your region?
- What makes things seem a bit more positive & hopeful?
- Who have you connected to?
- What difference is that making to birthing women?
- Who is attending which meetings?
- What are your links?

Something that we can apply the hive mind to!

- Is there a policy within your dhb that could do with some positive change?
- Is there a body of women who need help?
- Is there a need for support somewhere?
- Do you need resources?
- Do you need ideas?

Something that can support other regions!

- How is your group funded?
- What organisational structure does your group have?
- How do you reach out to the community and new birthing mothers?
- How do you connect in with birth professionals?
- How do you protect and nurture group energy?

See you all soon. Safe travelling.....

